

# *Joint Sailing Instructions*

## *MISSA SW - Tier 3*

### *Spring 2026*

<b>Date</b>	<b>Organizing Authority</b>	<b>Host Organization</b>
April 11	MISSA	Sheridan Shore
April 25	MISSA	Sheridan Shore
April 26	MISSA	Columbia YC
May 2	MISSA	CYC Belmont
May 3	MISSA	Columbia YC
May 9	MISSA	Sheridan Shore
May 17	MISSA	Lake Forest

#### **ABBREVIATIONS**

**[NP]** Rules that are not grounds for a protest or request for redress by a boat. ***This changes RRS 60.1 and 61.1(a).***

#### **1. RULES**

1.1 This regatta is governed by the following documents:

- (a) The Racing Rules of Sailing 2025-2028 (RRS);
- (b) The prescriptions of US Sailing;
- (c) The Procedural Rules of the Interscholastic Sailing Association (ISSA PR);
- (d) The Bylaws and District Rules of the Midwest Interscholastic Sailing Association (MISSA);
- (e) The Combined Notice of Race - MISSA SW - Tier 3 - Spring 2026;
- (f) These Sailing Instructions;
- (g) The Supplemental Sailing Instructions (SSI) issued for each event;  
and any amendments thereto.

1.2 In the event of a conflict between the governing documents, the Supplemental Sailing Instructions will take precedence.

1.3 Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or Rule 31 and is from a boat that was not involved in, and did not see, the incident, or..."

1.4 In accordance with RRS 70.3(b), the decisions of the protest committee are final and not subject to appeal. US Sailing permission has been granted.

1.5 The Organizing Authority (OA) is the Midwest Interscholastic Sailing Association (MISSA). The Host Organization is listed in the table above.

1.6 8th Grade Students approved by the MISSA District Director under MISSA Rule 4.3 may participate in this regatta under ISSA PR 1.2 (c). Approval has been granted.

1.7 Mixed teams are allowed under MISSA Rule 4.4. ***This changes ISSA PR 1.2 (g).*** Approval has been granted

- 1.8 [DP] Drones shall not be flown in the racing area except as authorized by the OA.
- 1.9 **ISSA Rule 7.7a is removed**, as the regatta series is to be sailed in a non-rotational format.

**2. OFFICIAL NOTICE BOARD AND COMMUNICATIONS**

- 2.1 The Official Notice Board for this event is located at scores.hssailing.org. Courtesy notices may also be posted on Clubspot.
- 2.2 Any changes to these Sailing Instructions will be posted on the Official Notice Board before 0900 on the day the change takes effect.
- 2.3 Changes to the Sailing Instructions may be made on the water in accordance with RRS 90.2(c) by hailing competitors, flying Code Flag "L", and relaying the change via VHF to coaches and support personnel. Changes affecting future races will be posted once ashore.
- 2.4 The Race Committee will make courtesy broadcasts on a VHF channel as listed in the Supplemental Sailing Instructions and shared at the Competitors' meeting. All coaches shall carry a VHF radio capable of communicating on US Marine frequencies.
- 2.5 [NP] Errors and omissions in courtesy broadcasts are not grounds for a request for redress. ***This changes RRS 61.1(a) and 61.4(b)(1).***

**3. SIGNALS MADE ASHORE**

- 3.1 Signals made ashore will be displayed at the designated flagpole at the venue.
- 3.2 When flag AP is displayed ashore, "1-minute" is replaced with "not less than 30 minutes" in Race Signal AP.

**4. SCHEDULE OF RACES**

4.1 The schedule for each race day is as follows:

TIME	ITEM
0845 - 0930	Registration and Rigging
0930	Mandatory Competitor Meeting
1015	First Warning Signal
1500	No warning after this time

Any changes to this schedule will be posted on the Official Notice Board as noted in Section 2 of these SIs.

**5. RACING AREA**

5.1 The racing area will be the open waters of Lake Michigan generally near the host club, as designated by the Race Committee. The approximate course location will be shared at the Competitors' Meeting.

**6. COURSES**

6.1 The Race Committee may designate the course orally and/or via a whiteboard on the Race Committee boat. Courses will be in accordance with ISSA PR 7.8.

6.2 Available courses are:

COURSE	MARK SEQUENCE
W2	Start → 1 → O → Finish
W4	Start → 1 → O → 2S/2P → 1 → O → Finish

1 = Windward Mark | O = Windward Offset Mark | 2S/2P = Leeward Gate

6.3 Marks will be inflatable or robotic marks.

6.4. In accordance with ISSA PR 7.8(c), after the starting signal, the Race Committee may change the position of any mark to maintain course configuration, provided that no boat is on that leg of the course. No signals are required. **This changes RRS 33.**

6.5 Routine movement of robotic marks will not be grounds for redress. This includes marks returning to station after having been pushed away by a boat or competitor and collisions with marks that do not cause damage. RRS 31 still applies. **This changes RRS 61.1.**

## 7. MARKS

7.1 Marks will be identified by color and shape at the Competitors' meeting and on the Official Notice Board.

## 8. THE START

8.1 The starting line is between a staff displaying an orange flag on the Race Committee boat at the starboard end and a mark at the port end.

8.2 The starting sequence shall be a 3-minute dinghy start per RRS Appendix U.

8.3 Individual Recalls for 420s will be made in accordance with ISSA PR 7.9(b). The Race Committee will attempt to hail the sail number(s) of the boat(s) identified. Failure to hear a hail is not grounds for redress.

8.4 A boat that does not start within 3 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. **This changes RRS A5.1 and A5.2.**

## 9. THE FINISH

9.1 The finish line is between a staff displaying a blue flag on the Race Committee boat at the port end and a mark at the starboard end of the finish line.

## 10. HEARING REQUESTS

10.1 The protest time limit is 30 minutes after the Race Committee's dockside time following the last race of the day.

10.2 Hearing request forms are available from the Race Office at the host club.

## 11. SCORING

11.1 A minimum of one (1) race must be completed to constitute a series. **This changes ISSA PR 7.5 (c).**

## 12. EQUIPMENT AND SAFETY

12.1 Competitors must provide a drysuit and have it on hand at the venue. The event host may require drysuits to be worn; this will be announced at the Competitors' Meeting.

12.2 A competitor's failure to wear a drysuit on a day where drysuits are required will be scored DSQ without a hearing. ***This changes RRS 63.1.***

12.3 All competitors must wear a Coast Guard-approved personal flotation device (PFD) at all times while on the water.

12.4 [DP] Competitors, Coaches, and support persons shall comply with reasonable requests from race officials.

12.5 Breakdown requests shall be filed in the same manner as protests. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 5.

### **13. COACHING**

13.1 It is the responsibility of coaches to know the limits of their competitors and to withdraw competitors from racing if conditions exceed those limits.

13.2 Coaches shall stay clear of the racing area unless assisting competitors. Coaching and rotations should take place to leeward of the start/finish line.

13.3 On the water Safety: Coach and support boats must operate without speed/wake at all times within 100m of the racing area, unless responding to an emergency. Coaches not adhering to the no-wake zone will be removed from the race course.

13.4 Coaches are required at all times when on the water to wear an approved personal flotation device as required by ISSA PR 2.2 and to wear engine kill cords/cut-off devices in good working order.

### **14. OFFICIAL NOTICE FOR ALL TEAMS**

14.1 The host clubs and organizations, MISSA, and their officers, members, employees, and Race Committee assume and accept no responsibility for property damage to any boat or personal injury to any skipper, crew, or friends incurred while participating in this regatta, including pre- and post-race activities. It is the responsibility of the skipper, along with his/her coach, advisor, and/or parent(s) to assess the condition of his/her boat, whether or not he/she owns said boat, and its suitability for the weather expected during the race, and to decide whether to start or continue any race.

### **15. REGATTA CONTACT**

15.1 For further information on specific events, please contact the event host listed below:

**Chicago YC:** Kate O'Donnell: 773-366-0218, [kate.odonnell@chicagoyachtclub.org](mailto:kate.odonnell@chicagoyachtclub.org)

**Columbia Sailing School:** Mike McBrien: 631-560-9416, [mike@columbiasailingschool.org](mailto:mike@columbiasailingschool.org)

**Lake Forest Sailing:** Naomi Jamboretz-Evans: 847-404-3915, [jamboretzn@cityoflakeforest.com](mailto:jamboretzn@cityoflakeforest.com)

**Sheridan Shore Sailing School:** Katie Tinder - 651-491-9994, [katie@sheridanshore.org](mailto:katie@sheridanshore.org)

## APPENDIX 1 - COURSE DIAGRAM

*W2 or W4 Windward-Leeward with Offset Mark and Leeward Gate (even number of legs)*

