



NWISA HIGH SCHOOL TEAM RACING CHAMPIONSHIP

Oak Harbor, WA (Whidbey Island)

April 24-25, 2026

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* including Appendix D, the [ISSA Procedural Rules](#), the [ISSA National Championship General Conditions](#), and [the Scholastic Dinghy Class Rules](#).
- 1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the host.
- 1.3. All races will be umpired. Rule D2 applies.
- 1.4. RRS D2.1(b) applies. A boat that protests under a rule listed in rule D2.2 or D2.3 for an incident while racing shall hail 'Protest' and display a red flag and is not entitled to a hearing. This changes rules 60.2(a)(1) and 63.2(a).
- 1.5. Teams shall provide their own red protest flags (at least 3). Each flag shall measure at least 8 inches by 8 inches. Flags will not be affixed to the boat. [NP] The OA will provide protest flags for teams that do not have their own.
- 1.6. In rule D2.4(a), "green and white" is changed to "green and white or solid green", and, in rules D1.2(b)(1) and D2.4(c), "black and white" is changed to "black and white or solid black".
- 1.7. RRS D1.1(d) shall apply. "When stated in the sailing instructions, rule 20.4 is changed so that the following arm signals are required in addition to the hails: (1) for 'Room to tack', repeatedly and clearly pointing to windward; and (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.
- 1.8. Under ISSA PR 18(a), the right to appeal is denied.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located at the Wildcat Sailing Loft.
- 2.2. Changes to the sailing instructions shall be approved by the Chief Umpire and the ISSA representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

2.3. Signals made ashore will be displayed on the committee boat tied up to the dock at/or near the rotation floats. When the AP is displayed ashore, “1 minute” is replaced by “Not less than 20 minutes” in race signal AP.

3. **CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4. **SCHEDULE AND FORMAT:**

4.1. Report times each day are listed in the NOR.

4.2. The number of races each day will be determined per PR 7.1.

4.3. Rotation schedules and boat assignments will be posted on TechScore.

4.4. Race organizers will attempt to complete a double round-robin. After the completion of the 2nd round-robin, the top-three teams will advance to a playoff round consisting of up to three rounds. If conditions and time allow, a consolation round may take place concurrently. All scores will carry over.

4.5. When conditions make the announced format unmanageable, the PRO, Chief Umpire, and ISSA Representative may alter the format as allowed by the SIs in order to bring the regatta to conclusion and determine a winner.

4.6. Appendix D4.3 (b) does not apply. No incomplete rounds will be scored, but races sailed in an incomplete round may be used as tie-breakers.

4.7. The intended format may be changed in accordance with ISSA PR 12.3. If it is deemed necessary to change the format, the following protocol will be consulted:

4.7.1. Plan B: If only the 1st or 2nd round-robin has been completed, the results will stand as the championship. If any of the subsequent round robins have been completed, the results of completed round robins will stand. Results from incomplete round robins will be used in tiebreakers only. This changes ISSA PR 11.1(c).

4.7.2. Plan D: If the 1st round-robin is not completed and no other equitable format has been able to be completed by the end of the time limit, then the regatta is discontinued and the champion shall be the winner of the backup team race regatta.

5. **COURSES AND MARKS:**

5.1. Courses will be in accordance with ISSA PR 7.8 and Appendix 10 (Digital N Course)

5.2. All marks will be as shown in the attached course diagram. A yellow ball will be used for finish pin mark. An Orange ball will be used for the start pin. Orange balls will be used for marks 1, 2, 3, and 4.

6. **BOATS:**

6.1. Per ISSA Scholastic Dinghy Class Rule 6.5, the standing rigging of boats shall not be altered without approval of the Race Committee. The penalty for breaking ISSA SDCR 6.5 will be [DP].

6.2. Competitors have the option to rig mainsheets 3:1 or 4:1, and sail with the mainsail loose footed.

7. **ABANDONING RACES:** Abandonment will be signaled orally by the race committee or an umpire. This changes rule 32.1 and Race Signals, Abandonment Signals. Abandoned races may be re-sailed and, if so, a new warning signal will be made as soon as practicable.
8. **START/FINISH AND SIGNALS:**
 - 8.1. Races will start in accordance with ISSA PR 7.9.
 - 8.2. ISSA PR 7.9(c) shall not apply.
 - 8.3. The start/finish line will be between a flag on the race committee boat and a mark.
 - 8.4. If a boat is delaying the finish of a race, the race committee may end the race and score the boat in its current position.
 - 8.5. A boat starting later than 2 minutes after her starting signal shall be scored DNS.
9. **BREAKDOWNS:**
 - 9.1. Breakdown requests shall be filed in the same manner as protests.
 - 9.2. Rule D5.2 is changed as follows, “displaying a red flag” is changed to “displaying a red flag and hailing “breakdown””.
 - 9.3. Rule D5 applies to breakdowns. However, rules D5.3 and D5.4 are changed as follows – in each, “race committee” is changed to “protest committee.”
 - 9.4. Breakdowns shall be scored in accordance with ISSA PR 11.2. Compensation shall be consistent with ISSA PR Appendix 5.
10. **PROTESTS:** Protests procedure will be in accordance with RRS Appendix D, and for protests not covered under Appendix D, ISSA PR Part VI.
11. **SCORING:** Scoring will be in accordance with ISSA PR 11.
12. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

Course Diagram

DIGITAL "N" COURSE

