

CAPE & ISLANDS GIRLS' INVITATIONAL
To be held at
GREAT HARBOR YC (NANTUCKET, MA)
MAY 27, 2025
SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the [ISSA Procedural Rules](#) and appendices and the [NESSA District Rules](#).
- 1.2. In accordance with RRS 70.5(a), decisions of the protest committee are final. US SAILING's permission has been granted.
- 1.3. The Organizing Authority (OA) is the Cape & Islands League) in conjunction with Nantucket HS.
- 1.4. 1.5. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"
- 1.5. A protesting boat shall, at the first reasonable opportunity after finishing, notify the Race Committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4 and ISSA PR 15b.

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located on Tech Score.
- 2.2. Changes to the sailing instructions shall be posted no later than one half hour prior to the first warning signal on the day it will take effect.
- 2.3. Changes to the sailing instructions may be made verbally on the water so long as all coaches are informed before the change takes effect.

3. **CODE OF CONDUCT:** [DP] Competitors and support persons shall comply with reasonable request from race officials

4. SCHEDULE:

- 4.1. Report times each day are listed in the NOR.
- 4.2. The number of races each day will be at the discretion of the regatta chair.
- 4.3. Rotation schedules and boat assignments will be posted on Tech Score by the sailors' meeting.

5. COURSES AND MARKS:

- 5.1. Courses will be in accordance with ISSA PR 7.8
- 5.2. The race committee may designate course selection orally.
- 5.3. All marks will be **described at the sailors meeting**.

6. START/FINISH AND SIGNALS:

- 6.1. Races will start in accordance with ISSA PR 7.9.
- 6.2. The start/finish line will be between a flag on the race committee boat and a mark.

7. BREAKDOWNS:

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

8. **PROTESTS:** Protests procedure will be in accordance with ISSA PR Part VI

9. **SCORING:** Scoring will be in accordance with ISSA PR 9.
10. **SAFETY:** A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore
11. **Prizes:** Prizes will be awarded to the top three schools