



## **Tier 3 Spring 2026, Team Race Spray Scrimmage**

**To be held at Lake Forest,**

**May 9, 2026**

### **SAILING INSTRUCTIONS**

The notation '[DP]' in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than DSQ. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

#### **1. RULES:**

1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing, including Appendix D as modified by the ISSA Procedural Rules, the ISSA Procedural Rules, the ISSA Code of Conduct (PR Appendix 1), the ISSA National Championship Regatta Conditions (PR Appendix 3), and the Scholastic Dinghy Class Rules (ISSA PR Appendix 2).

1.2. The Organizing Authority (OA) is the Interscholastic Sailing Association in conjunction with the MASSA Interscholastic Sailing Association, Virginia Interscholastic Sailing Association, and host venue Christchurch School.

1.3. All races will be umpired.

1.4. RRS D2.1(b) applies. A boat that protests under a rule listed in rule D2.2 or D2.3 for an incident while racing shall hail 'Protest' and display a red flag and is not entitled to a hearing. This changes rules 60.2(a)(1) and 63.2(a).

1.5. Teams shall provide their own red protest flags (at least 3). Each flag shall measure at least 8 inches by 8 inches. Flags will not be affixed to the boat. [NP]

## 2. CODE OF CONDUCT

2.1. Competitors shall handle the boats and equipment with proper care and seamanship both on land and afloat. 4.2 Trash shall be properly disposed of on shore and afloat.

## 3. COMMUNICATION

3.1. The online official notice board will be Tech Score.

## 4. ELIGIBILITY AND ENTRY

4.1 This event is open to invited high school teams. Teams shall consist of a minimum of **6 sailors (3 boats)** and may include substitutes.

## 5. FORMAT

5.1 The regatta will consist primarily of **3 vs 3 team racing**.

5.2 The format may include:

- Round robin(s)
- Partial round robin(s)
- Rotational scrimmage racing

5.4 As a **scrimmage event**, the race committee may adjust pairings, rotations, and re-sail races to maximize learning.

## 6. SCHEDULE

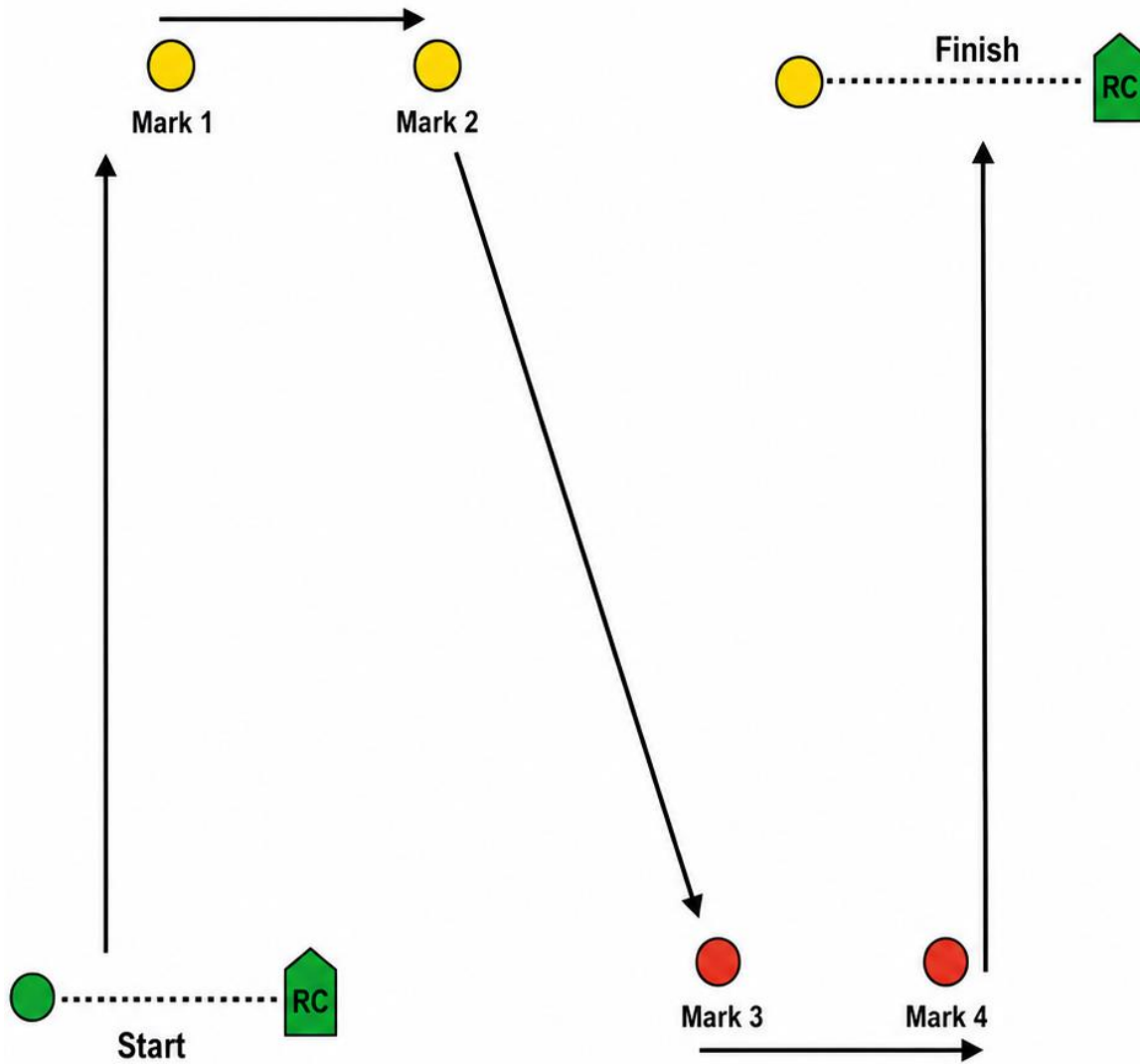
- **0845** – Arrival & Check-in
- **0930** – Competitor Meeting
- **1015** – First Warning Signal
- Racing continues throughout the day
- **No races will be started after 1500**

## 7. COURSE

**The course used for the event will be a Digital N.**

7.1 Marks will be as follows:

- **Starting Pin:** Green
- **Marks 1 and 2:** Yellow
- **Marks 3 and 4:** Red
- **Finish Marks:** Yellow



## 8. BOATS AND ROTATIONS

7.1 Boats will be **Club 420s** supplied by the host.

7.2 A rotation schedule will be provided.

7.3 Teams are responsible for proper boat handling and care.

## **9. VENUE**

Racing will take place on Lake Michigan off Lake Forest.  
Lake Forest, IL 60045  
Parking will be allowed.

## **10. SAFETY**

- 10.1 USCG-approved life jackets must be worn at all times while on the water.
- 10.2 The race committee reserves the right to implement additional safety requirements.
- 10.3 VHF channel 72 for communication

## **11. Prices**

Awards will be given for **1st, 2nd, and 3rd place.**

## **12. DISCLAIMER OF LIABILITY**

Competitors participate entirely at their own risk. See RRS 3, Decision to Race.

## **13. CONTACT**

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