

MDISA Spring 2026 Regatta
Hosted by
North East River Yacht Club
Tome School and North East River Combined Team
May 3, 2026

SAILING INSTRUCTIONS

1. RULES:

1.1 The Organizing Authority (OA) is the Maryland Interscholastic Sailing Association (MDISA) in conjunction with North East River Yacht Club (NERYC).

2. NOTICE TO COMPETITORS:

2.1 Official notices including changes to sailing instructions will be posted on the official notice board located in TechScore. Changes to the sailing instructions shall be approved by the regatta chair and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. SCHEDULE OF EVENTS:

Saturday, May 25th

| | |
|------------------------------------|----------------------|
| Report time - | 0915 |
| Competitors Meeting - | 0930 |
| First Warning - | 1000 (approximately) |
| There will be no race start after- | 1500 |

4. ROTATIONS:

4.1 Rotations will be made along the northern dock. DO NOT GO INSIDE THE BASIN.

4.2 The rotations will be in accordance with the rotation sheet available on TechScore at the time of the Competitors Meeting.

5. BOATS & EQUIPMENT:

5.1 Club FJ's will be provided by North East River Yacht Club for competitors, who shall not modify or cause them to be modified in any way. Jib Halyards tails shall remain rigged behind the spreaders.

5.2 The penalty for infringing upon 5.1 will be disqualification from all races sailed in contravention of these instructions.

5. BOATS & EQUIPMENT (continued):

5.3 Competitors shall report all damage or loss of equipment, however slight, to the dock/boat committee immediately after arriving on shore and to the Race Committee Finish Boat on the water immediately after all boats in that race have finished.

5.4 Breakdown points will not be awarded for the failure of knots, the loss of pins or rings, except the Jury may grant redress for the failure of the main halyard masthead knot.

6. FORMAT:

6.1 A Windward/Leeward course will be sailed.

6.2 A complete round robin will be attempted.

6.3 Two "A" Division races will be sailed, followed by two "B" Division races, unless an odd number of races are sailed by each division.

6.4 The Race Committee has the option of sailing three races in one rotation thus modifying the posted rotation.

6.5 The windward and leeward marks will be inflatable cylinders or hippity hops.

6.6 In accordance with ISSA PR 7.7, after the starting signal, the race committee may change the position of any mark to maintain course configuration, if no boat is on that leg of the course. No signals are required (changes RRS 33).

7. SHORTENING OR ABANDONING RACE:

7.1 In accordance with ISSA PR 7.7 (d) races will not be shortened. They will be abandoned. No signals are required.

7.2 A race may be abandoned at any time at the discretion of the race committee, in consultation with the protest committee if possible.

8. START , FINISH AND RECALLS:

Races will start in accordance with ISSA PR 7.8(a) except that RRS Appendix U -Audible-Signal Starting System will be modified as follows:

8.1 Individual Recall - When, at a boat's starting signal, any part of her hull is on the course side of the starting line, or she must comply with RRS 30.1, the race committee shall promptly display flag X (or a designated flag or device). The flag shall be displayed until the hull of each such boat has been completely on the pre- start side of the starting line or one of its extensions, and until all such boats have complied with RRS 30.1 if it applies, but not later than two minutes after the starting signal, whichever is earlier. The Race Committee may also attempt to notify individual boats by hailing their sail or bow numbers. (Changes RRS 29.1 and U4)

8. START , FINISH AND RECALLS (continued):

8.2 General Recall – The race committee may signal a general recall by multiple sounds and the hail of “general recall” and need not display the First Substitute. Following a general recall, the warning for any subsequent start may be initiated at any time. (Changes RRS 29.2) After a general recall, RRS 30.1 (I Flag Rule) shall apply and no signal need be given. (Changes RRS 30.1)

8.3 As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) as soon as possible after the start. Failure of electronic equipment, failure to hear a hail, order of hail, or delay in hailing will not be grounds for redress. This modifies RRS 62.1 (a).

8.4 The “round the ends rule” provisions of RRS30.1 may apply for any start if hailed prior to the starting sequence. The signal will be made orally and with the display of flag “I”. This changes RRS30.1

9. BREAKDOWNS

9.1 Breakdown requests shall be filed in the same manner as protest

9.2 Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3

10. PROTESTS & REQUESTS FOR REDRESS:

10.1 A boat need not fly a red flag immediately after an incident to signify a protest, but she must comply with PR 16(a) and RRS 61.1. The boat shall hail the infringing boat and inform them of the protest. The infringing boat then has the opportunity to perform the required actions to exonerate themselves at that time. If the infringing boat does not agree with the protest they must acknowledge the protest and decline the protest. At that time the original boat will need to follow up with a formal protest. A boat must notify the Race Committee immediately after finishing about her intention to protest and must identify the party or parties being protested. This modifies PR 16(b). Protests and Requests for redress (including breakdowns) must be submitted to the Race Committee at the regatta desk within 30 minutes of the protestor reaching the beach following the set of races involved in the incident.

10.2 Protest forms will be available at the regatta desk.

10.3 Hearings will be held in the Club as soon as possible and may be held between sets of races.

10.4 A boat being protested may perform a One -Turn Penalty per PR 10 and RS 44.2.

11. SCORING:

11.1 Scoring will be in accordance with ISSA PR 9.

12. COACHING:

12.1 Coaches, team leaders, chaperones advisors, parents, or other support personnel shall not go afloat in the sailing area on the published dates of the regatta, unless explicitly permitted by the regatta chairperson. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors, and teams associated with the infringing personnel.

12.2 Coaches, team leaders, chaperones, advisors, parents, or other support personnel may go afloat in the sailing area while serving as an umpire or assisting with race management.

12.3 Competitors may receive coaching, including instruction, assistance, equipment, or sustenance, near the docks or while ashore.

13. SAFETY:

13.1 Competitors and Coaches shall wear USCG approved Type III Personal Flotation Devices (PFDs). Inflatable type PFDs are not permitted.

13.2 Competitors shall supply the equipment to meet the requirements of 13.1.

13.3 The race committee may require the use of drysuits or full-length wetsuits if the combined air and water temperature is below 120 degrees. This may be announced at the daily competitors' meeting, and need not be signaled.

13.4 Failure to comply with 13.1 or 13.3 above will be grounds for disqualification from all races sailed in contravention of those instructions.

13.6 At its discretion, the Race Committee or Organizing Authority may require a competitor to retire from racing if the competitor is determined to be a risk to their own or others' safety.

14.. MAXIMUM / MINIMUM WIND STRENGTH:

14.1 Races should not be started unless the Race Committee is satisfied that the wind strength in the starting area, and to the best of its belief on the rest of the course, is sufficient for a safe and fair race.

14.2 If the wind speed is insufficient in the starting area at any time during the last minute prior to the start signal, the start should be abandoned.

14.3 Per NERYC Policy, if the average wind speed is in excess of twenty knots (23.02 mph) for a reasonable period before the start, racing should be postponed ashore. If there are recorded wind gusts above thirty knots (34.52 mph) in the racing area, racing should be postponed ashore.

15 TROPHIES:

15.1 No trophies will be awarded.

16. WAIVER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization or official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

17. RIGHTS TO USE NAME AND LIKENESS:

By participating in this event, competitors automatically grant to the Organizing Authority and the event sponsors the right, in perpetuity, to make, use and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

18. REGATTA CONTACTS:

John Wyman, Tome School Coach & Regatta Chair
(443) 350-6277 - winderranger1@comcast.net

Meredith Lutz Stehl
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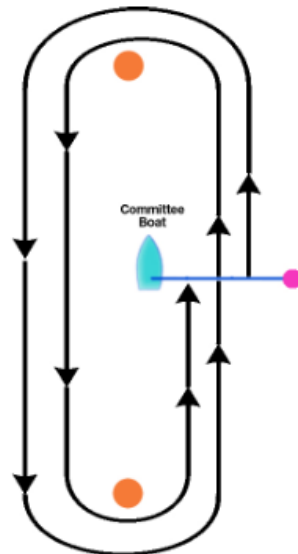
19. ANNOUNCEMENT:

No contestant shall use, either on or off the water, alcoholic beverages, or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during May 18, 2024 may be the basis for a hearing under RRS 69.1. The protest committee for such a hearing shall be the regatta chairperson, a member of the NERYC BOD, and the protest committee chairperson. This protest committee shall, at a time and place selected by them, meet to hear said protest, and at their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal

APPENDIX 1 – Race Courses

COURSE W2

**Windward
Leeward**



Course W2 is a Windward/Leeward course, twice around, with a windward finish. The start/finish line will be “OPEN” and not restricted during races so competitors may pass through while going to their next mark as desired.

Course W1 may be substituted if hailed from the Committee Boat, and is a modification of W2, instead being a Windward/Leeward course, ONCE around, with a windward finish.

COURSE W4 may be called if conditions are favorable

Marks of the course shall be left to port

| Course | Marks |
|--------|---|
| W3 | Start – W – O – G – Upwind Finish |
| W4 | Start – W – O – G – W – O – Downwind Finish |
| W5 | Start – W – O – G – W – O – G – Upwind Finish |

