



## North Points #5

February 7<sup>th</sup>, 2026

### SAILING INSTRUCTIONS

#### 1. RULES:

This regatta will be governed by the Racing Rules of Sailing 2025-2028, the prescriptions of US Sailing, the ISSA procedural rules, the SAISA supplemental Rules, the Notice of race and these Sailing Instructions. In the event of conflict, these Sailing Instructions shall prevail.

#### 2. NOTICE TO COMPETITORS:

Changes to the Sailing Instructions will be made on Techscore.

#### 3. SCHEDULE:

3.1. The schedule of races is as described in the Notice of Race.

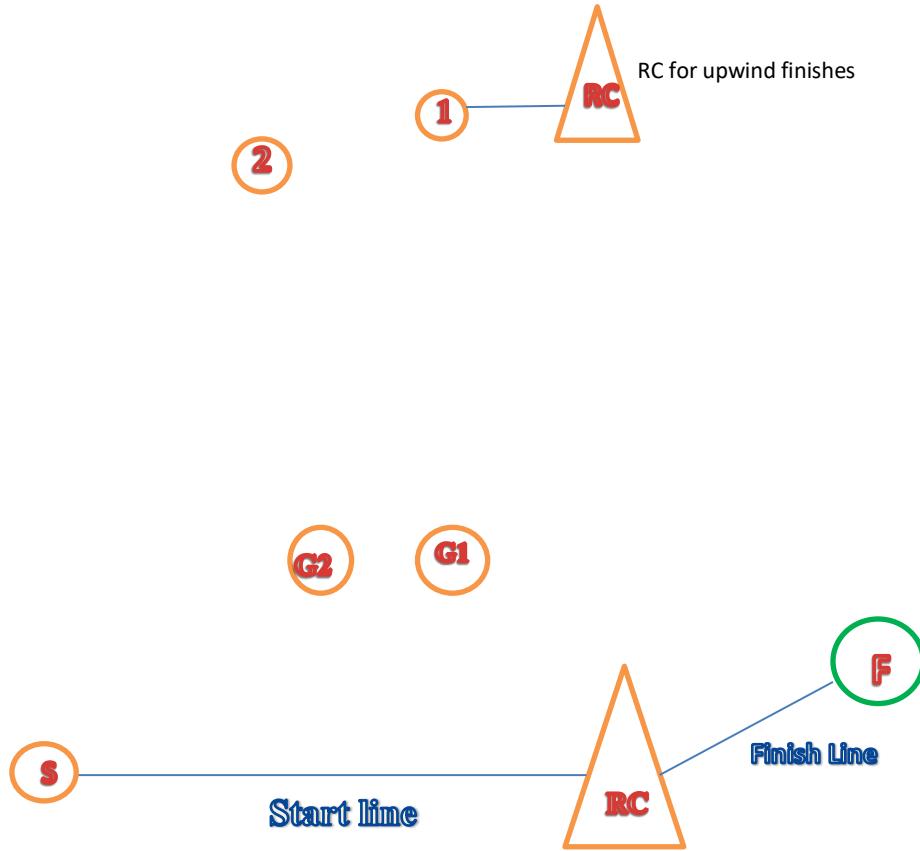
3.2. The number of races will be at the discretion of the Race Committee. The Race Committee will attempt to complete a full rotation.

3.3. Three completed races per Division will constitute a Regatta.

#### 4. COURSES AND MARKS:

4.1. Course Diagrams showing the course designation, start/finish line, the order in which marks are to be rounded and the side on which each mark is to be left are shown below. Marks "1", "2", "G1/G2" will be small orange balls. Mark "S" will be a large White ball and mark "F" will be a small green ball.

4.2.



“Course 1” – Rounding Order: Start – 1 – 2 – G1/G2 – Finish

“Course 2” – Rounding Order: start – 1 – 2 – G1/G2 – 1 – 2 – G1/G2 – Finish

“Course 3” – Rounding Order: Start – 1 – 2 – G1/G2 – Upwind Finish

#### 5. THE START:

5.1. The start line will be between the orange flag on the RC Signal Boat and the large white mark.

5.2. Races will start in accordance with ISSA PR 7.8(a), using RRS Appendix U “Audible Signal Racing System”.

5.3. Boats starting more than 4 minutes after their starting signal will be scored DNS without a hearing. (This changes RRS A4.)

5.4. There will be a separate starts for the Varsity and JV divisions.



## **6. RECALLS:**

6.1 Individual recalls will be made in accordance with ISSA PR 7.9(b).

6.2. General Recalls will be made in accordance with ISSA PR 7.9(c).

6.3. Failure of a boat to hear an OCS hail, an untimely hail, or the order of boats in the hail will not be grounds for redress.

## **7. THE FINISH:**

7.1. The finish line for course 1 and 2 will be between the Blue flag on a Race Committee boat and the Green Ball to starboard of the race committee boat. This Finish Line for course 3 will be between an blue flag on the race committee boat and an Orange Ball to port of the race committee boat.

## **8. TIME LIMITS:**

8.1. The race will be abandoned if no boats round the windward mark ten minutes after the start of the race.

8.2. The race committee may finish any boat in place in order to facilitate running the next race or set of races.

## **9. ABANDONING RACES:**

Races may be abandoned at the discretion of the Race Committee.

## **10. PROTESTS:**

10.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

10.2. Protests will be acted upon in accordance with ISSA PR Part VI.

10.3. ISSA PR 8(b) states "*Before Protesting a competitor shall not communicate with anyone other than teammates or other competitors before reporting to the Race Committee an intention to file a protest. Breaking this rule may be grounds for closing the protest hearing.*" (This changes RRS 61)

10.4. Protest Forms shall be completed as soon as possible after completion of the set of races in which the event at issue took place. The time limit for protests at the end of the last set on each day is 15 minutes after the race committee boat has docked.

## **11. BREAKDOWNS:**

Requests for Redress for Breakdowns will be acted upon in accordance with ISSA PR 9(e) and A3.

## **12. FUNDAMENTAL RULES**

12.1. The rotation sequence and boat assignments will be distributed before or during the Competitor's Meeting.

12.2. Competitors shall report any damage or loss of equipment, however slight, to the Race Committee immediately upon completion of the race. Absent a determined effort to comply, the penalty for infringement may be disqualification from the race or regatta, for the crew or entire team, subject to the decision of the Protest Committee.

12.3. Competitors may only receive coaching, instruction, assistance, equipment or sustenance while not racing.

12.4. Competitors shall wear USCG approved lifejackets at all times when afloat. Inflatable type lifejackets are not permitted.

12.5. All competitors on the water must wear a uniform designating their high school in accordance with ISSA rule2.5

12.6. A boat that retires from a race shall notify the Race Committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

12.7. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race.

## **13. Misc.:**

Team leaders, chaperones, coaches, advisors and other support personnel shall not go afloat in the sailing area unless explicitly permitted by the regatta chairperson. Parents going afloat to watch races may have no contact with sailors from their child's team. The penalty for failing to comply with this requirement may be the disqualification of all boats, competitors and teams associated with the infringing support personnel.