



NYISA-SE Larchmont Intersectional Regatta

Hosted by **Larchmont Yacht Club**
Saturday, March 28, 2026
(Weather Date: Sunday, March 29, 2026)

SAILING INSTRUCTIONS

1. RULES:

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the ISSA Procedural Rules and the Scholastic Dinghy Class Rules. If there is a conflict between the NOR, any NOR amendment and the Sailing Instructions, the Sailing Instructions will take precedence.
- 1.2. The Organizing Authority (OA) is MASSA/ NYISA-SE League of ISSA in conjunction with Larchmont Yacht Club.
- 1.3. In accordance with rule 70.5(a), decisions of the protest committee are final. US Sailing's permission has been granted.
- 1.4. Rule 60.4(a)(2) is changed as follows: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident"

2. NOTICE TO COMPETITORS:

- 2.1. Official notices will be posted on the official notice board located on Tech Score.
- 2.2. Changes to the sailing instructions shall be approved by the protest committee and the ISSA Representative and posted no later than one half hour prior to the first warning signal on the day it will take effect.

3. CODE OF CONDUCT: Both the ISSA Code of Conduct (ISSA PR Appendix 1) and the MASSA Code of Conduct will apply to all sailors, coaches, parents and spectators participating and attending our event.

4. SCHEDULE:

- 4.1. Report times each day are listed in the NOR.
- 4.2. The number of races each day will be at the discretion of the regatta chair.
- 4.3. Rotation schedules and boat assignments will be posted on Tech Score after the skipper's meeting.

5. COURSES AND MARKS:

- 5.1. Courses will be in accordance with ISSA PR 7.8.
- 5.2. The race committee may designate course selection orally.
- 5.3. All marks will be orange or yellow inflatable marks.

6. START/FINISH AND SIGNALS:

- 6.1. Races will start in accordance with ISSA PR 7.9.
- 6.2. The start/finish line will be between a flag on the race committee boat and a mark.

7. BREAKDOWNS:

- 7.1. Breakdown requests shall be filed in the same manner as protests.
- 7.2. Breakdowns shall be scored in accordance with ISSA PR 9(e). Compensation shall be consistent with ISSA PR Appendix 3.

8. PROTESTS: Protests will be heard following racing using a “Three Minute Justice” hearing which is outlined in Appendix 1. This modifies ISSA PR 15(d) & (e).

9. SCORING: Scoring will be in accordance with ISSA PR 9.

10. SAFETY: A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

11. COACHING: Coaching will be in accordance with MASSA District Supplemental Rule 6.12.2 Coaching Between Sets: Competitors may receive coaching, including instruction, assistance, equipment or sustenance, only between sets on the dock or on shore unless otherwise directed by the regatta chairperson. This changes ISSA PR 8(a).

12. REGATTA CONTACTS:

Dr. Randall Nunn (NJISA Director), 732-581-1100, massadistrict@gmail.com
LYC Sailing Office: 914-834-2440, sailing@larchmontyc.org

Appendix 1

Three Minute Justice Guidelines

Protesting and protested skippers shall use “Three Minute Justice” to resolve the protest. They must meet immediately after racing. At this time, the protestor can withdraw their protest without penalty. If they proceed to Three Minute Justice, the OA will request that whenever possible, non-interested coaches / responsible adults act as jurors. Each skipper then selects another member of the fleet to act as a juror.

The use of competitors’ coaches is a key feature of Three Minute Justice. We rely on the continuity and camaraderie of our fleet to overcome potential conflicts of interest. In exchange we gain knowledge of the racing rules and the sailing conditions of the racing just completed. We obtain a quick decision and retain the congenial atmosphere that characterizes our sailing and racing. All sailors are invited to observe the protest hearing. Participants have access to a whiteboard, markers and magnetic boats to reenact the incident.

The two skippers and the jurors remain standing. The protestor has one minute to describe the incident including when and where it occurred and the rule believed broken. The protestee then has one minute to present their side of the case. The protesting parties and the jurors may briefly question each other. If any of the four want a witness to resolve a matter of fact, the witness has one minute to present his / her testimony.

The jurors then have one minute to reach a decision. The Jury may dismiss the protestor and protestee during deliberations, at their discretion. Jurors will deliberate and reach a decision in one minute. If the jurors are unable to agree on a resolution, this will result in no penalty. The jurors inform the race committee of their decision. The decision of the jury is final and cannot be appealed. The outcome is then passed on to the scorer for inclusion in the day’s scoring.

Course Diagram

Marks of the course shall be left to port

Course	Marks
WA2 (W3)	Start – W – O – G – Upwind Finish
LA2 (W4)	Start – W – O – G – W – O – Downwind Finish
WA3 (W5)	Start – W – O – G – W – O – G – Upwind Finish

