



SEISA Girls Championship

Corpus Christi Yacht Club
Corpus Christi, TX



Sailing Instructions

Date: March 21, 2026

I. Rules

- a. The regatta will be governed by the Racing Rules of Sailing 2025-2028, the prescriptions of US Sailing, ISSA Procedural Rules, SEISA District rules, this Notice of Race, and the Sailing Instructions.
- b. In accordance with US Sailing prescriptions to RRS 70.3(b) and ISSA PR 18, the decisions of the protest committee are final.
- c. Rule 60.4(a)(2) is changed as follows: “(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or”
- d. Changes to PR 15 (b) “A protesting boat shall, at the first reasonable opportunity after finishing, notify the Race Committee of its intent to protest. Failure to do so makes her protest invalid. This changes rule 60.4.”
- e. In the event of a conflict between the governing documents, the Sailing Instructions will take precedence.
- f. The organizing authority is SEISA in conjunction with Corpus Christi Yacht Club.
- g. This regatta is a qualifier for the 2026 PCISA Girls National Invitational regatta in October. To qualify, a school must enter at least two boats. The qualifying team will have the lowest combined score of their two best finishing boats.

II. Notice to Competitors

- a. Official notices including changes to the sailing instructions will be posted on the official notice board located in the east Sailing Center window near the door. Changes to the sailing instructions shall be approved by the Protest Committee and posted no later than one half hour prior to the first warning signal on the day it will take effect.

III. Schedule

- a. The daily schedule will be published in the Notice of Race.
- b. The number of races sailed each day will be at the discretion of the Regatta Chairperson.



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- c. No race will start after the published time in the NOR, unless an extension is agreed to by all team coaches.

IV. Boats

- a. 420s will be provided by CCYC.
- b. Boats will be sailed as provided.
- c. Competitors may bring telltales for shrouds.
- d. Mast floats may be required for all boats at the discretion of the Race Committee.

V. Rotations

- a. This is a single division regatta with rotation of boats per TechScore assignment.
- b. Rotations may take place from shore or coach boat as designated by the OA. A coach or other adult support personnel affiliated with the school **must** be present to assist with rotations.

VI. Racing Area

- a. All races will be sailed in the waters of Corpus Christi Bay or outer yacht harbor behind the breakwater.

VII. Courses and Marks

- a. Courses will be run in accordance with ISSA PR 7.8.
- b. The race committee may designate course selection orally.
- c. All marks will clearly be identified by the Race Committee prior to the start.
- d. Courses are specified in Appendix I of these Sailing Instructions. The Start/Finish line is **closed** to all boats not starting or finishing a race.

VIII. Shortening and Abandoning Races

- a. In accordance with ISSA PR 7.8(d) races will not be shortened, they may be abandoned. A race may be abandoned at any time at the discretion of the race committee.

IX. Start, Finish, and Recalls



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- a. Races will start in accordance with ISSA PR 7.9(a).
- b. Individual recalls will be made in accordance with ISSA 7.9 (X flag).
- c. General recalls will be signaled with a series of short auditory blasts from a horn or whistle and the 1st substitute flag. After a general recall, the “round the ends” provision or RRS 30.1 will apply except Flag I may not be displayed in accordance with ISSA PR 7.9(b) (changes RRS 30.1).
- d. The start line will be between the Race Committee boat and the green buoy (pin) to port.
- e. The leeward finish line will be between the Race Committee boat and the green buoy (pin).
- f. The windward finish will be between the Windward mark and a green buoy, accompanied by a boat designated by the Race Committee.

X. Breakdowns

- a. Breakdown requests shall be filed in the same manner as protests.
- b. Breakdowns shall be scored in accordance ISSA PR 9(e). Compensation shall be consistent with ISSA Appendix 3.

XI. Protests

- a. Protest procedure will be in accordance with ISSA PR IV.
- b. Per procedural rule ISSA 8(b), competitors shall not communicate with coaches before reporting to the race committee their intent to protest.

XII. Scoring

- a. Scoring will be in accordance with ISSA PR 9.

XIII. Coaching

- a. Coaching will take place from shore, docks, or coach boats at the discretion of the Race Committee.
- b. Team leaders, chaperons, coaches, parents, advisers and other support personnel will not go afloat in the sailing area without approval of the Race Committee.



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- c. The Race Committee will staff safety and support boats. Team coaches may be used to staff additional safety boats. Teams may supply their own coach boat. Docks, if available, will be provided on a first-come, first-serve basis.
- d. Failure to comply with 14.1 or 14.2 will result in the disqualification of the school and all associated teams affiliated with the infringing support personnel.

XIV. Safety

- a. Per ISSA Procedural Rule 2.2, competitors shall wear USCG approved Type III. Inflatable type life jackets are not permitted.
- b. A boat that retires from a race shall notify the race committee either before leaving the course, or if that is impossible, immediately after arriving ashore.

XV. Serious Collisions

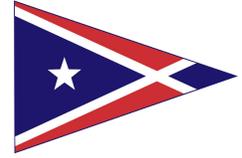
- a. A collision causing damage requiring more than normal maintenance is regarded as serious damage and considered a serious incident. When such damage occurs, the Protest Committee may hold a hearing under RRS's 60.2, 60.3 & 63 to determine the facts and consider whether those involved exercised reasonable care in handling their boats. When the Protest Committee finds that a boat(s) did not, it shall be disqualified, regardless of any alternative penalty(s) accepted under RRS 44.1. In extreme cases, either or both boat(s) may be excluded from the rest of the regatta. (Changes RRS 64.1 (b)).

End of Sailing Instructions



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Appendix I: Courses

Marks of the course shall be left to port except 2S, which shall be left to starboard.

Course	Marks
L2	Start – 1 – 1a – Downwind Finish
W3	Start – 1 – 1a – 2S/2P – Upwind Finish
L4	Start – 1 – 1a – 2S/2P – 1 – 1a – Downwind Finish
W5	Start – 1 – 1a – 2S/2P – 1 – 1a – 2S/2P – Upwind Finish

